



**SOUTH SHORE FAMILY NETWORK**  
Debbie Wightman

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**FROM:**

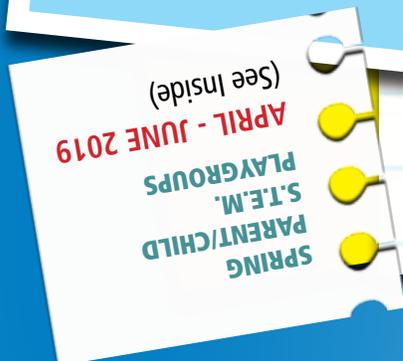
**South Shore Community Action Council**

**71 Obery Street**

**Plymouth MA 02360**

**TO:**

## WHAT ARE YOU DOING?



## WHAT IS THE SOUTH SHORE FAMILY NETWORK?

The South Shore Family Network supports all parents and caregivers who have children birth

through age eight. Our goal is to help parents create and maintain a healthy family

environment as well as to promote family well-being through parent education and

community support.

Funded by the MA Department of Early Education and Care through a grant to South

Shore Community Action Council, South Shore Family Network provides playgroups,

parent education workshops and family activities, as well as information on parenting

and community resources. By providing family activities and playgroups, we hope to

help parents build connections with other families. By providing parent education

workshops, we hope to help parents enhance their knowledge of child development

and their ability to set age-appropriate expectations. Our programs are free to all

residents of our eleven town south shore service area who have children birth

through age eight. While we do some programs at local homeless shelters and early intervention

facilities, most of our programs are held at local libraries and elementary schools.

SPRING 2019

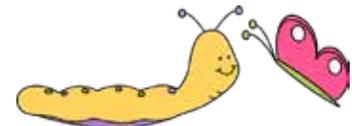
SOUTH SHORE  
COMMUNITY  
SSCAC  
EST 1965  
ACTION COUNCIL

# SOUTH SHORE FAMILY NETWORK

SERVING THE COMMUNITIES OF: Carver, Cohasset, Duxbury, Halifax, Hanover, Hingham,  
Kingston, Norwell, Pembroke, Plympton and Scituate.

Funding for this newsletter has been provided through the Coordinated Family & Community Engagement Grant from the MA Dept. of Early Education & Care.

## Making a Smooth Transition to Kindergarten



**South Shore Family Network would like to share some of the skills that your family can practice together this summer to insure a smooth transition to kindergarten.**

- Read to your child each day. Take your child to the library to pick out books. Encourage your child to re-tell stories in their own words.
- Encourage your child to describe special events and listen carefully when your child is speaking.
- Provide materials for writing and drawing.
- Practice counting, talk about numbers and write them down.
- Encourage your child to engage in outdoor play, hopping, skipping, running, jumping and biking all help to strengthen large muscles.
- Practice sharing and taking turns.
- Provide clear, consistent guidelines and expectations and consequences.
- Encourage your child to solve problems on his/her own.
- Encourage your child to dress and clean himself/herself.



**SAVE THE DATE!**

**CHECK OUT OUR FAMILY CALENDAR & SHARE WITH FRIENDS**

Visit online: <http://www.sscac.org/cfce/events.html>





## PARENT-TODDLER LITERACY BASED PLAYGROUPS SPRING SESSION 2019

Attending playgroups fosters brain development during the early years of your child's life (For Toddlers 18 mos. to 3.5 yrs.)

### DUXBURY PLAY GROUPS

#### The Chandler School

Magic Dragon Wing

Friday Mornings at 9:00am

April 5th – May 31st

### KINGSTON PLAY GROUPS

#### The Kennedy Donovan Center

32 Crescent St., Kingston

Thursday Mornings at 11:15 am

April 4th – June 27th



Learn More At  
[www.BrainBuildingInProgress.org](http://www.BrainBuildingInProgress.org).  
Funded by a Coordinated Family & Community Engagement Grant from the Massachusetts Department of Early Education & Care.



## Spring STEM Playgroups

STEM Playgroups are held weekly in one hour sessions at local libraries for children aged 3 to 5 years old accompanied by an adult. Things can get messy, so play clothes are recommended!

Enjoy explorations using the five senses, experimenting with mixtures of common substances, working with simple machines, using assorted building toys and materials as well as counting, sorting, matching and patterning.

### SPRING PARENT CHILD STEM PLAYGROUPS APRIL - JUNE 2019 AT THE FOLLOWING LOCATIONS:

#### CARVER LIBRARY

Monday Mornings at 10:30 am  
April 1, 8 and 22

#### PEMBROKE LIBRARY

Monday Mornings at 10:30 am  
May 6, 13, 20, 27 and June 3 & 10

#### SCITUATE LIBRARY

Wednesday Mornings at 11 am  
April 3, 10, 17 & 24 and May 1 & 8

#### DUXBURY LIBRARY

Wednesday Mornings at 10:30 am  
May 15, 22 & 29 and June 5, 12 & 19

#### PLYMPTON LIBRARY

Thursday Mornings at 10:30 am  
June 6, 13, 20 & 27



ACTIVE PARENTING  
First Five Years.



SOCIAL & EMOTIONAL LEARNING  
Kate Sargent, MS, LMHC, LABA

### HOORAY FOR K

Carver Elementary School for Incoming Kindergarten Families

Susan West, LPN presents an overview of "Active Parenting"

Thursday Evening, May 23  
5pm to 7:30pm

### KINGSTON ELEMENTARY KINDERGARTEN PARENT ORIENTATION

Kate Sargent, MS, LMHC, LABA presents "Social and Emotional Learning"

Wednesday Evening, June 5  
5:30pm to 6:30pm

# Transition to Kindergarten

Help your child make a smooth transition to kindergarten!  
Check out these kindergarten events in your area.

## CARVER

Carver Elementary School  
Erwin Washburn Bldg.  
May 23, 2019 - 5:00pm  
"Hooray for K: Kindergarten  
Orientation & Pizza Party"

## COHASSET

Joseph Osgood School  
Kindergarten Orientation,  
May 23, 2019 call  
781-383-6117 for details

## DUXBURY

Chandler School, May 2, 2019  
Kindergarten Information  
Evening, 7:00pm

## HALIFAX

Halifax Elementary School  
April 10, 2019 at 6:00pm  
Kindergarten Parent Orientation  
School Tour & Playground Visit  
June 3, 2019 - 9:30 - 10:00am

## HANOVER

Cedar Elementary School  
Kindergarten Orientation  
Call 781-878-7228 for details

## HINGHAM

East Elementary Kindergarten  
Parent Orientation, early in May  
Call 781-741-1570 for details

## HINGHAM

South Elementary Kindergarten  
Parent Orientation, early in May  
Call 781-741-1540 for details

Plymouth River Elementary  
Kindergarten Parent Orientation,  
early in May. Call 781-741-1530

WM Foster Elementary  
Kindergarten Parent Orientation  
TBD, Call 781-741-1520

## KINGSTON

Kingston Elementary School  
June 5, 2019 Kindergarten  
Parent Orientation, 5:30pm

## NORWELL

Cole Elementary School  
May 2, 2019 at 7:00pm  
Kindergarten Orientation

Vinal Elementary  
May 2, 2019 at 7:00pm  
Kindergarten Orientation

## PEMBROKE

Bryantville Elementary  
Kindergarten Orientation  
Call 781-293-5411

North Pembroke Elementary  
Kindergarten Orientation-  
Call 781-826-5115

## PLYMPTON

Dennet Elementary  
May 23, 2019  
Kindergarten Parent  
Information Evening, 5:00pm

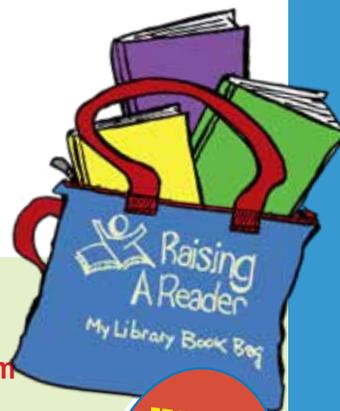
## SCITUATE

Cushing Elementary  
May 29, 2019  
Kindergarten Orientation  
Call 781-545-8770 for details

Hatherly Elementary  
May 29, 2019  
Kindergarten Orientation  
Call 781-545-8780 for details

Jenkins Elementary  
May 29, 2019  
Kindergarten Orientation  
Call 781-545-4910 for details

Wampatuck Elementary  
May 29, 2019  
Kindergarten Orientation  
Call 781-545-8790 for details



FEATURING  
Big Ryan's  
TALL  
TALES

## Raising A Reader

Free Raising a Reader Book Exchange Program  
for parents and children featuring Big Ryan!

Register to participate with your child as "Big Ryan"  
entertains the children while demonstrating read aloud  
techniques families can share at home.

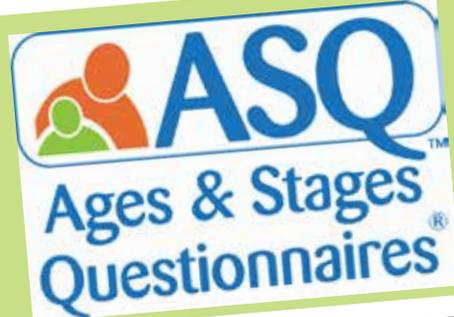
### MONDAY MORNINGS

APRIL 29 THRU JUNE 10 FROM  
10:30 AM TO 11:30 AM

CARVER PUBLIC LIBRARY

A PROGRAM OF SOUTH SHORE COMMUNITY ACTION COUNCIL  
FIND US ONLINE AT [WWW.SSCAC.ORG](http://WWW.SSCAC.ORG) | FIND US ON FACEBOOK

## Ages & Stages Questionnaire



With generous support from the MA  
Dept. of Early Education and Care,  
South Shore Family Network can help  
you learn more about your child's over-  
all development using a survey called  
"The Ages and Stages Questionnaire"

Because your child's first five years of  
life are so important we want to help  
you provide the best start for your  
child by giving you the opportunity to  
keep track of your child's development.  
Questionnaires can be provided every  
2, 4 or 6 months and include questions  
about some things your child can  
and cannot do. The questionnaire  
includes questions about your child's  
communication, gross motor, fine  
motor, problem solving and personal  
social skills.

If you would like to receive the  
age-appropriate questionnaire,  
please contact Debbie Wightman,  
South Shore Family Network Coordina-  
tor at 508-747-7575 Ext. 6247 or email  
at [dmwightman@sscac.org](mailto:dmwightman@sscac.org).